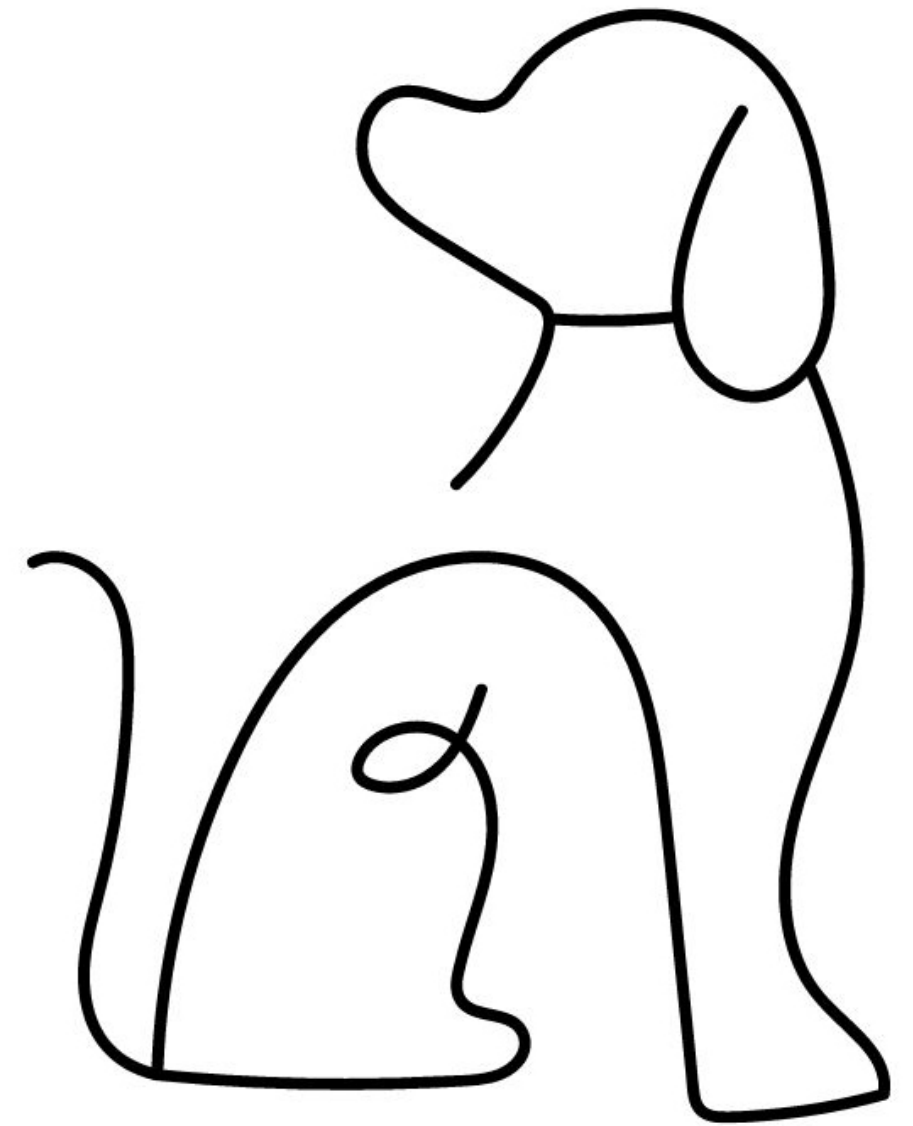


# Food Follow



Give your dog a new experience with food.

- You can do this sitting on the floor with a small puppy or standing up with a larger dog. With food in your hand, present your hand right in front of your dog's nose. Have your dog follow that hand (luring) and after a few steps allow them to eat the treat.
- Begin to have them follow for more steps, turns and twists around you. You want your dog to be right on your hand as you play.
- Play with both right and left hands, alternating. (This game is also called "Paint the Town Red," because the motion you are making with your hands is like painting the side of a house)
- To build value for your "at side" or "front" position, release the treat when you end in those positions. Try not to be predictable, keep your hand low and moving, fun and fluid. Don't be stingy with the treats, allow your dog to win often.
- Try figure-8's in front of you, thru your legs, turns around you as you turn, into middle, etc.

*This is not only a game where your dog is having fun for being around you. It is a reward experience. Often, the experience of how a treat is delivered is as rewarding as the treat itself. How you deliver the reward makes a difference to your dog, so try rewarding with food follow after your dog performs a cued behavior.*